



ST. PETER

2022-2023 SAFE FOOD LIST ALLOWABLE FOODS FOR CLASSROOM SNACKS.

Please buy only brands listed as many generic brands are not safe. Always review ingredients before purchasing as they may change.

FRUIT

- Fresh
- Single serve fruit cups or pouches
- Apple sauce

VEGETABLES

- Fresh

CHEESE

- Hard cheese
- Cottage cheese
- String cheese

YOGURT

- GoGurt
- Individual yogurt cups (no toppings)

CRACKERS

Nabisco:

- Ritz (Not Ritz Bits)
- Saltines

Keebler:

- Wheat Thins

Pepperidge Farms:

- Goldfish Crackers (original, cheddar, or pretzel)

Kraft Handi-Snacks:

- Breadsticks 'n Cheese Dip
- Mister Salty Pretzels 'n Cheese Dip

Annie's:

- Cheddar Crackers
- Classic Crackers
- Graham Crackers
- Bunny Crackers

PRETZELS/HEALTHY CHIPS

- Rold Gold Pretzels
- Sensible Solution Veggie Straws
- Sun Chips

POPCORN

- Pirates Booty
- Skinny Pop

DRESSING

- Hidden Valley Ranch (original)

SWEET TREATS

Honey Maid:

- Graham crackers (original)
- Teddy Grahams

Pudding:

- Snack Pack Pudding (vanilla or choc)
- Jell-O Individual Cups

Kellogg:

- Rice Krispie Treat (original)

Nabisco:

- Nilla Wafers
- Oreo Cookies (original)
- Barnum Animal Crackers

Keebler:

- Vanilla Wafers
- Scooby Doo Graham Crackers

CELEBRATION TREATS*

**The items listed are for an occasional sweet treat, and should not be used for a daily snack*

- Fruit Roll Ups
- Fruit Gushers
- Fruit By The Foot
- Fruit Snacks
- Dum Dum Pops
- Life Savers (Including Gummies)
- Skittles
- Starburst
- Twizzlers